

# TRIP DETAILS

## PLEASE READ IT CAREFULLY. WE WISH TO SEE YOU ABOARD SAILZEN!

#### **DURATION**

6 days

#### **START & FINISH**

Vila Franca do Campo, São Miguel Island (PDL airport code)

#### **GROUP SIZE**

Private: up to 6 guests Shared: up to 4 guests

#### **CREW**

Captain & Cook/Mate

#### CONTACT

André Branco +351 911 938 308 captain@sailzen.net A sailing trip is the ideal way to experience what many consider to be the world's most beautiful islands: the Azores. Sail aboard Irró and embrace nature! Let the wind blow your sails and relax!

This is a 6 days trip starting and finishing in Vila Franca do Campo with the possibility to visit Santa Maria Island. We will have the chance to explore some its treasures at your own pace.



# WHAT IS INCLUDED?

## PRIVATE BOAT, SHARED OR PRIVATE CABIN

#### IT IS INCLUDED:

- ♦ 5 nights accommodation aboard, bed linen, shower towel, biodegradable amenities;
- ◆ 2 professional crew: captain & cook/mate;
- → Half board (breakfast, one meal per day, snacks and non-alcoholic drinks consumed aboard);
- ♦ All toys on the boat (2 X stand-up paddle-board, hammocks, fishing & snorkeling gear, dinghy and some musical instruments);
- ◆ Crew guidance when ashore;
- Port authority, marina and any other logistic fees;
- ◆ Diesel, water, electricity, cooking gas, dinghy engine gasoline for the boat;
- ◆ Sail, Swim, Marine Life, Hike, Cultural Festivities, Good Music, Food and fun around the Islands is guaranteed!

#### IT IS NOT INCLUDED:

- ◆ Expenses when going to and away from the trip such as transfers, flights, visas and airport fees, hotels, etc.;
- ◆ Personal travel and booking insurance (highly recommended);
- ◆ Optional activities and any expenses related to rental vehicles or food & beverages consumed ashore:
- ◆ Crew expenses when guiding or joining along with land tours or restaurants with guests;
- ◆ Alcoholic drinks aboard;
- ◆ Personal laundry.



## **ABOUT SAILING BOATS**

### FIND COMFORT ON A SAILING YACHT

Nowadays yachts are built under the rules of hydrodynamics, defining the best shape for the hull, the needs for stability and comfort. Only thirty years ago, running water and a stove were a luxury to have aboard a yacht, but today you'll find almost everything you need on a yacht: electricity (though it's only 12V offshore and only sometimes 220V when we're run the generator), refrigerators, showers, hot water, music and much more.

But never forget: a yacht always is 'on the budget'...budgeting room and weight for mobility and stocks for ongoing comfort. A yacht comes with the safety gear and instrumentation required by law to assure you a safe and successful trip.

# LIVING ABOARD WITH SAILZEN

## WE WILL TAKE YOU INTO A SAFE JOURNEY FULL OF FLAVORS

This is truly an ocean sailing experience. The distances can be long in between the islands and the boat must leave port or stay berthed according to the weather forecasts. The decision lies strictly with the captain, who will also monitor extra activities which he will fit in the schedule, or not, regarding the weather forecast.

## **CREW**

The crew will be with you throughout the journey to provide you the best trip possible. We are fully licensed and experienced on our duties around the world. You can expect from us a deep knowledge of the Islands, so count on us for the best tips!

You'll be treated like kings and queens and will be more than happy to share our vast sailing knowledge during the journey.



- ◆ The Captain takes the hassle out of your travels as well as the complete charge of the sailing, your safety on board and the safety of the vessel.
- → The Cook/Male is responsible to spoil you in every meal, make our home (Irró) a nice place to cohabit and support the captain.

Even if we have a cook mate, this is a group sailing trip and everyone should support the crew in tasks and maneuvers, so we all have time to enjoy an organized, clean and pleasant yacht to live on.

## **BOAT & ACCOMMODATION**

Irró, a 14,75m (48ft) sailing yacht, is equipped with state of the art technology offering all travelers aboard a safe and enjoyable experience. A large saloon with a fully equipped galley, consisting of 2 double cabins in the stern, 1 double V-cabin in the bow, two additional single berths in the saloon, 2 heads with toilet and washbasin, a separate shower room, an external hot water shower and a technical room.



Please be aware that this is a real sailboat and not a cruise vessel, the space aboard is tight. The sleeping cabins on sailboats are generally kept to a minimum size in order to maximize common areas and performance. The average roof height inside the boat is 188cm.

Some people are not comfortable with the type of cabin arrangements typically found on sailboats. However, if a real sailing experience on a real sailboat is what you are after, then this is part of the experience. It's important to note that the beds in the cabins are not the usual length of a standard bed. The chance to sleep in open air on the main deck is often available.



If you wish for a <u>private cabin</u>, you will have to book it in advance, subject to availability, and accept the extra fees. If you wish for a <u>shared cabin</u> please notice the rooming is assigned upon arrival and you will share a cabin and the bathroom with a passenger of the same gender. The crew may also be sharing the cabins and the facilities with you.

There is no laundry washing machine aboard. Laundry facilities can be found in some harbors, so please ask your crew for the best places. This is a cost that is <u>not included</u> in the price trip.

### **ELECTRICITY & WATER**

Fresh water is limited on board, and as such we ask for your understanding while we are sailing is limited to one quick shower per person a day. As we spent most of the nights in the port, there are less difficulties with water and generally proper facilities ashore for showers.

Electrical outlets on board are continental European style with 2 pins 240V (mostly operational while in harbor) and USB 3 connections 12V in your cabins to charge your devices.

## **MEALS & ACTIVITIES**

The Cook/Mate will be preparing your meals everyday, based on what is what is found fresh in the markets. If you have a food allergy, something that you really don't like to eat or any preference please let us know before the trip, so we can plan the menu and the respective provision.

Extra activities are optional and the crew will offer you. Please notice, the crew should not be charged for food, transport and any expenses when free guiding extra activities or when joining passengers at a restaurant.

If you wish to join a local activity or event by yourself, attendance fees will be charged directly by third party, operators or companies. ex. rental cars, diving, canyoning, bird watching, horse riding, etc.



## **BUDGET, KITTY & TIPS**

An **average budget of 35€** per person per day is recommended for food ashore, rental cars and alcoholic drinks. Please consider your own spending habits when it comes to allowing for activities, drinks, shopping and tipping.

When shared trips, your crew will suggest to make a kitty. This means everyone puts some money together to facilitate the purchase of items that are not included on your trip, such as for transportation ashore, diesel for rental cars and alcoholic drinks aboard.

Tipping is usual in Azores due to a strong American influence in from the immigrants that re visit their home place, but it is not obligatory!

If you feel very well served and pleased with the result of a service received anywhere, even onboard, a tip is always very welcome!

### WHAT SHOULD YOU BRING?

#### DOCUMENTATION CHECK LIST

- ◆ Passport / ID (recommended with photocopy);
- ◆ Required visas & flight info;
- ◆ Insurance info (recommended with photocopy).

#### **ESSENTIALS CHECKLIST:**

The space is limited on the boat and especially in your cabin. We highly recommended to bring only essentials belongings. You can only take a soft sided luggage on board, such as a mid-sized backpack or soft duffel bag (up to 23kgs). Suitcases and hard bags are not appropriate for our sailing trips as they are not pliable enough to fit into the niches available for luggage.

- ◆ Cash, credit or debit cards;
- ♦ Reusable water bottle;
- ◆ Wind & waterproof jacket, long pants and a sweater (while sailing, the weather can become chilly);



- ◆ Dedicated boat shoes with a flat non-marking soft sole in the case you do not want to be barefoot aboard;
- ◆ Confortable shoes for hiking and a sandals / flipflops;
- ◆ Dry bag (will help keep cameras and essentials dry when going on the dinghy ashore);
- ◆ Day pack (used for daily excursions or short overnights);
- ◆ Small beach towel (boat towels are to be used only aboard);
- ♦ We provide amenities, but if you desire to bring your own toiletries please choose biodegradable;
- ◆ Outlet adapter (in case your chargers are not European);
- ♦ If you already have your own snorkeling mask, we recommended to bring it. Otherwise, we have it on board.

### MEDICAL FORM & HEALTH

Our small group brings together people of all ages. Please be aware that a good level of fitness and mobility is required to join our program. Travelers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and from small boats, and carry their own luggage at a minimum.

While our crew work hard to ensure that all our travelers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Also, because this is an ocean sailing trip, you must be able to endure the feeling of not seeing land for a few hours.

Just keep in mind that in the Azores the weather can be totally different in the morning than it is in the evening. Be prepared to keep yourself comfortable. People who are sensitive to seasickness should come prepared with tablets.

You should consult your doctor for up-to-date medical travel information well before departure. Any serious medical condition should be discussed openly with the Captain before booking.

## TRAVEL INSURANCE

It should be noted that adventure travel involves risk. We do provide the minimum insurance requested by the Portuguese law in order to run our trips. Whilst we make every effort to safeguard clients, we cannot be responsible for personal injury or loss due to actions of our clients, which are beyond our control.



We recommend that all clients have travel insurance covering illness, injury, loss or damage to personal belongings or not being able to travel on the confirmed date of departure. When selecting a travel insurance policy we recommend that you are covered for medical expenses including emergency evacuation and repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## RULES

Illegal drugs will not be tolerated on the trip. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. The captain has the right to expel any member of the group if drugs are found in their possession or if they abuse in alcohol intake or are offensive towards other passengers

## TERMS & CONDITIONS

Please read Terms & Conditions on our website on the itinerary section.

# PLAN YOUR TRIP TO THE AZORES

## HOW TO ARRIVE TO SÃO MIGUEL ISLAND?



The island of São Miguel is served by João Paulo II Airport (PDL), the airport with the most international connections of the archipelago. There are daily connections to the all islands of the archipelago.



## HOW TO ARRIVE TO THE BOAT?

The boat will be berthed at **Vila Franca do Campo Marina**. Our meeting point is in the *Bar da Marina*. If you arrive by plane take a taxi directly to Vila Franca do Campo Marina (about 30 minutes drive and it costs around 30€).

Average temperature in Ponta Delgada	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Min (°C)	12	11	12	12	13	15	17	18	18	16	14	13
Max (°C)	17	17	17	18	20	22	24	26	25	22	20	18
Min (°F)	54	52	54	54	55	59	63	64	64	61	57	55
Max (°F)	63	63	63	64	68	72	75	79	77	72	68	64

### WFATHFR

Average precipitation Ponta Delgada	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Prec. (mm)	120	100	105	65	60	40	25	30	80	105	120	100	950
Prec.(in)	4.7	3.9	4.1	2.6	2.4	1.6	1	1.2	3.1	4.1	4.7	3.9	37.4
Days	14	13	13	10	9	7	5	6	9	12	13	14	125

The Azores gave their name to the famous anticyclone (high pressure area) that brings fine weather to Western Europe and the Mediterranean (Azores High). Nevertheless, in these islands the weather is not always sunny. In fact, in autumn and winter, rains are frequent, even abundant sometimes. Due to the abundance of rainfall, the landscape is always green and blooming.

## **MONEY**

#### MONEY EXANGE

The only currency accepted in Azores is the EURO. You can exchange your foreign currency and /or traveler checks in banks and money exchange "kiosks" in the city center of Ponta Delgada but the easiest is upon arrival at the airport.



As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

#### **EMERGENCY FUND**

Please also make sure you have access a 'emergency' fund, to be used when circumstances outside our control.

#### **TIPPING**

It is customary in Europe to leave a tip for service providers, if you are pleased with the service (5% or 10%). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with those who have assisted/served you.

## VISAS

The Azores belongs to Portugal that is part of the European Union. Contact your local embassy or consulate for the most up-to-date visa requirements, or check with your travel agent. It is your responsibility to have the correct travel documentation.

### SAFETY

The Azores is paradise regarding safety, though you should always have a smart attitude. You can leave your valuable jewelry at home - you won't need it while traveling. When sailing with us, please note that your crew has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns.

Although the places visited on tour are 99% safe, there can be risks to wandering throughout some place. Use common sense and do not hesitate to ask your crew about specific areas to avoid. It is also recommended to carry with you only the money and documentation you need for the day.

Water based activities have an element of danger and excitement built into them. We recommend you to only participate in water based activities when accompanied by your crew. We make every reasonable effort to ensure the fun and adventurous element of any water based activity to have a balanced approach to safety.



During the all trip, water based activities such as swimming, snorkeling and the use of water toys is always at your own risk.

# START LEARNING ABOUT SAILING

## TECHNICAL TERMS TO HELP YOU ON YOUR TRIP

#### INSIDE A BOAT

Hull: The 'body' of the boat

Keel: stabilizing part of the hull under the waterline to prevent capsizing

Cockpit: area in the back where we are operating the boat

**Deck:** upper level of the boat **Bow:** Forward area of the boat **Stern:** Backward area of the boat

Helm: steering facility

Helmsman: Person at the helm, not necessarily the skipper Starboard: right side of the boat looking forward from aft Port (side): left side of the boat looking forward from aft Rig: all fixed equipment standing up above the deck

Boom: horizontal massive pole going backward from the mast

Mast: vertical massive pole to fix the sails

Mainsail: sail at the rear of the mast Genoa: sail overlapping the main sail Headsail: sail in front of the mast

Fender: sort of 'bumper' to avoid damage of the hull when moored

Winch: sort of drum to operate loaded lines or anchor chain

Furling lines: to set and take away the sails

**Sheets:** are used to adjust the sails during sailing **Mooring lines:** connecting the yacht to the peer

#### **OPERATIONS**

Maneuver: changing the course of the boat or doing several operations

Tacking: turning the bow through the wind



Gibing: turning the stern through the wind

Round up: turning the boat exactly into the wind to stop moving

Pull the sheet: pulling tight a line Ease the sheet: detaching a line

#### KNOTS

Figure-eight knot: belongs to the end of certain lines to avoid going by the run

Clove hitch: famous knot to fix various lines like mooring-, fender- etc.

Bowline: creating a strong and everlasting loop to a line

